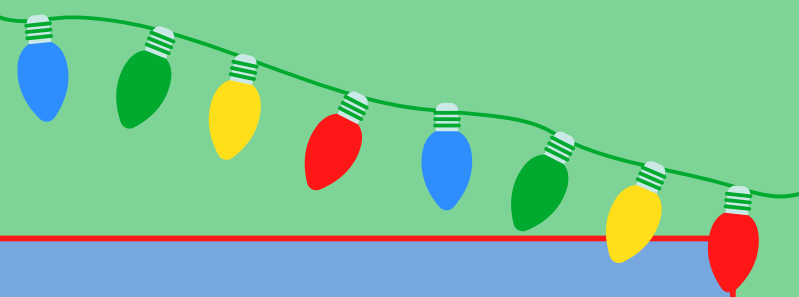# Be Kind Advent Calendar

Write Christmas cards for a seniors' home	Pick up litter in your schoolyard or local park	Drop off mittens & socks at a local shelter	Make dinner with your family	Read a kindness book	Offer to help a friend or family member	Make sure to say "thank you" to everyone today
Be kind to yourself. Do something you love	Feed the birds	Donate toys to a local toy drive	Make a "Be Kind" poster for your room	Share a Christmas joke with someone	Write a thank you note for your teacher	Send your grandparent a nice email or text
Donate pet food and blankets to animal shelter	Bake a treat for a neighbour	Write Christmas cards for your classmates	Give someone a hug	Volunteer your time	Write & hide a kind note for someone in your family	Come up with your own RACK
Bake something for your class	Donate food to your local food bank	Write a list of 10 things you are grateful for	Enjoy Christmas Day			